



THE COMMANDO TEMPLE **BUSINESS BRANDING AND MENTORING**

Firstly THANK YOU and congratulations for your interest in joining the award winning Commando Temple crew.

Unlike any other in the strength and fitness industry!

We have been helping trainers and coaches build their brands for years now as a direct result of my Temple apprentice programme and hundreds of coaching hours alongside enthusiastic business owners.

I (Rob) started off by paying business 'gurus' a small fortune and after a while realised I should offer the same to guys in my industry.

In the last 8 years the business and I have been featured on a number of media outlets including the BBC, ITV, SKY and CHANNEL 4, Plus (but not limited too) THE TIMES, TELEGRAPH, MENS FITNESS, MENAS HEALTH, WOMENS FITNESS, FHM and HEALTH AND FITNESS!

I renovate people and businesses in the same way...from scratch!

We have had a number of trainers work alongside us as interns and apprentices and we still have strong ties with all of them. This is not a 12 week transformation. This is a long term commitment towards you and your vision.

My web guys and my artistic temple crew are a few of the professionals that could pimp your brand after we identify your vision. There is a LARGE practical component which is compulsory.

This internship will not give you a formal accreditation...no paperwork. You will however have a personalised developmental experience designed to improve you, tailored towards you solely.

Paul – Web guru

Sam and Fiona – Artwork

Jesse – Video

You will be taking part in the Temple's activities (121s/classes/community/meetings)

All interns are encouraged to spend their time in between the business development meetings working on their brand within our walls...we can then help you as you need it.

Our fees for business development are the same as my 121s for coaching our athletes.

Mayyah works on the businesses systems, social media and cash flow and I work on engineering the brand ID, look and feel of the brand while finding your set/chosen niche!

The time you spend listening to our Temple crew as they coach and educate their clients will be just as powerful as the business branding.



All of our coaches have undergone a huge amount of professional development with us and they are now seen by many as some of the best in the UK...See what makes them stand out and ask them questions throughout the week.

You will take part in every class.

You will be expected to take part in our weekly meeting and internal CPD (it could be anything from 121 coaching to anatomy and physiology)

Cost £1522

If you would like further information or would like to take your plans a stage further...contact us

Rob

Founder – Owner

The Commando Temple